

# Code of Conducts

## Parents and Spectator Code of Behaviour

1. Remember that children participate in gymnastics for their enjoyment, not yours
2. Encourage children to participate, do not force them.
3. Focus on the child's efforts and performance rather than medals and scores
4. Encourage children always to play according to the rules.
5. Never ridicule or yell at a child for making a mistake or not completing a skill.
6. Remember that children learn best by example.
7. Appreciate good performances and skills
8. Respect officials' decision and teach children to do likewise
9. Show appreciation for volunteer coaches, judges and officials
10. Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

## Coaches and teachers Code of Behaviour

1. Remember young people participate for pleasure and fun, winning is only one part of the fun.
2. Compliment and encourage all participants
3. Use positive terms in preference to negative feedback
4. Create opportunities for participants to learn appropriate sports behaviour as well as skills
5. Keep up to date with coaching practices and qualification, particularly the principles of physical growth, development and safety.
6. Promote a culturally tolerant environment
7. Help young people understand their responsibilities
8. Encourage young people to participate in administration, coaching, judging as well as competing.
9. Operate within the rules and spirit of the sport and teach your athletes to do the same.
10. Be polite and courteous to all officials and volunteers
11. Ensure that any physical contact with a young person is appropriate to the situation and development of that athlete.
12. Be constantly alert and aware of the safety of the participants and implement necessary procedures.
13. Listen to your athletes and ensure that the time they spend with you is a positive experience.
14. Implement policy and practices (and lead by example) as set out by the Club.
15. Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

## Gymnasts Code of Behaviour

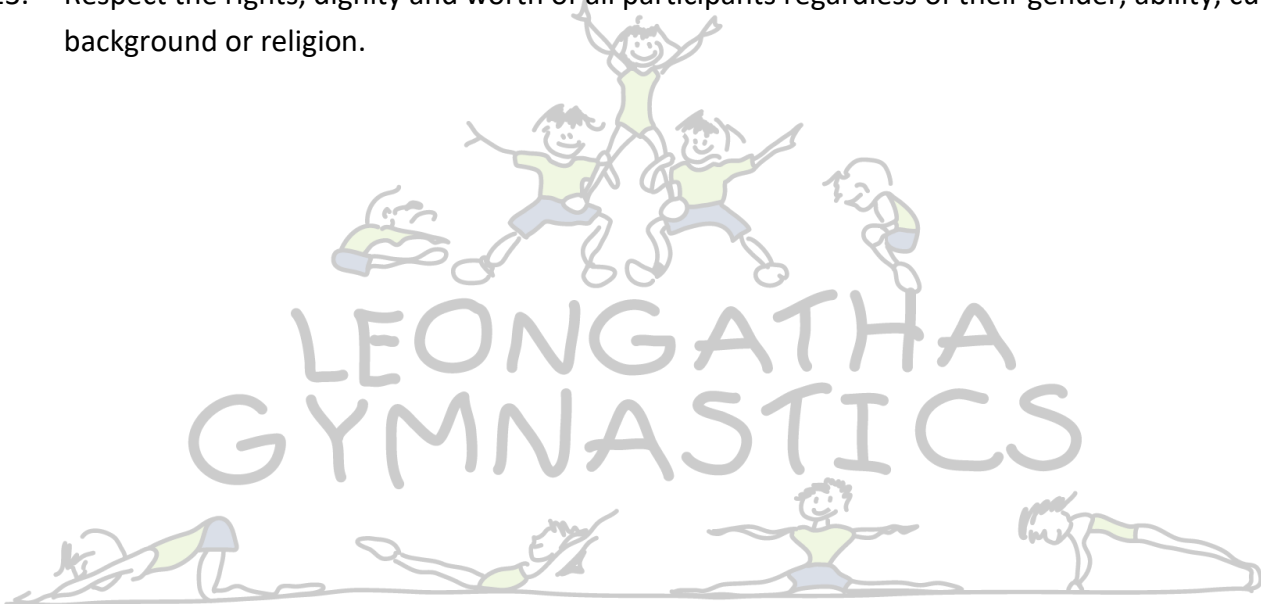
1. Support the rules Support your team mates and the gymnasts from other clubs
2. Do not argue with an official. If you need clarification, have your coach approach the official after the competition and according to the rules.
3. Be a good sport.
4. Applaud all performances from every athlete.
5. Show respect to, and acknowledge opponents and officials ( e.g. shake hands, wish good luck and thank the judges/officials).
6. Cooperate with your coach, team and opponents. Without them there would be no competition.
7. Participate for your own enjoyment and do your best, not just to please others.
8. Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

## Code of Conduct for Officials

1. Apply rules and regulations to match the skill levels and needs of young people and to make participation more fun.
2. Compliment and encourage all participants
3. Be consistent, objective and courteous when making decisions
4. Condemn unsporting behaviour and promote respect for all participants
5. Keep up to date with the rules and systems of the sport Place the safety and welfare of the participants above all else
6. Be familiar with, know your role, and carry out to the best of your ability .
7. Make the competition great fun for the junior competitors
8. Promote a culturally tolerant environment.
9. Implement policy and practices ( and lead by example) as set out by the Club.
10. Ensure that equipment and facilities meet safety standards and are appropriate to the ability of the athletes.
11. Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

## Code of Conduct for Administrators

1. Make your club environment more user friendly by providing equal opportunities for all to participate
2. Create pathways for young people to participate in sport not just as an athlete, but as a coach, judge, official or volunteer.
3. Ensure that the types of programs, rules, and training suit the age, ability and maturity level of young athletes.
4. Provide quality supervision and coaching for juniors and ensure volunteers are adequately trained
5. Direct coaches to highlight appropriate behaviour and skill development.
6. Ensure everyone emphasises participation and doing your best, not the result
7. Ensure spectators, officials, parents, coaches and participants are aware of the Club's Code of Conduct and encourage them to follow it.
8. Consistently remind adults that the sport is for the participant.
9. Remember, you set an example. Your behaviour and comments should be positive and supportive
10. Maximise child safety by conducting volunteer screenings and other child protection strategies.
11. Adopt and implement relevant sport safety policies and practices.
12. Promote a culturally tolerant environment.
13. Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.





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